LECTURE NOTES ON NON-HOLONOMIC GEOMETRY

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1. Distributions on manifolds

Let M be an *n*-dimensional smooth manifold. We denote by $\mathfrak{X}(U)$ the Lie algebra of vector fields defined on an open $U \subset M$.

A k-dimensional distribution Δ on M is a smooth field of k-dimensional subspaces $\Delta(p) \subset T_pM, p \in M$. The smoothness of this field means that, for any $p \in M$, there exists a neighbourhood U(p) and vector fields $E_1, E_2, \ldots, E_k \in \mathfrak{X}(U(p))$ such that, for each $q \in U(p), \Delta(q) = \operatorname{span}\{E_1(q), E_2(q), \ldots, E_k(q)\}.$

A distribution Δ on a manifold M is called *totally integrable* if for each $p \in M$ there exists a submanifold Σ passing through p such that $T_q \Sigma = \Delta(q)$, for any $q \in \Sigma$. This submanifold is called an *integral submanifold* of Δ . A totally integrable distibution is called a foliation, and the integral submanifolds are called the leaves.

Locally, a distribution Δ can be given either by vector fields E_1, \ldots, E_k spanning the subspaces $\Delta(p) \subset T_p M$, or by differential forms $\omega^1, \omega^2, \ldots, \omega^{n-k}$ such that, for any $V \in T_p M$, $V \in \Delta(p)$ if and only if $\omega^{\alpha}(V) = 0$, $\alpha = 1, \ldots, n-k$.

The following theorem gives necessary and sufficient conditions for a distribution be completely integrable.

Theorem 1 (Frobenius). Let Δ be a distribution on a manifold M locally given by vector fields E_a , a = 1, ..., k, or by fields of 1-forms ω^{α} , $\alpha = 1, ..., n - k$. The following conditions are equivalent:

- a) The distribution Δ is completely integrable;
- b) $[E_a, E_b] = Q_{ab}^c E_c$, where Q_{ab}^c are functions;
- c) $d\omega^{\gamma} = Q^{\gamma}_{\beta} \wedge \omega^{\beta}$, where Q^{γ}_{β} are 1-forms.

Example 1.1. Consider a distribution Δ on \mathbb{R}^3 given by $\omega = dz - xdx - ydy$. Then $d\omega = 0$, and, by Theorem 1, Δ is completely integrable. In fact, this distribution consists of planes tangent to hyperbolic paraboloids $z = \frac{1}{2}(x^2 + y^2) + c$.

Example 1.2. Let a distribution Δ on \mathbb{R}^3 be given by $\omega = dy - zdx$. Then the vector fields $E_1 = \frac{\partial}{\partial x} + z\frac{\partial}{\partial y}, E_2 = \frac{\partial}{\partial z}$ span Δ . We have $[E_1, E_2] = -\frac{\partial}{\partial y}$, and this vector field does not lie in Δ because $\omega(\frac{\partial}{\partial y}) = -1 \neq 0$. Hence this distribution is not completely integrable. This means that one cannot find a surface tangent to Δ .

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2. Non-holonomic surface in E^3

Let E_3 be the three-dimensional Euclidean space, we denote by (\cdot, \cdot) the scalar product in E_3 . Any distribution Δ on E_3 can be given by a unit vector field \vec{n} normal to Δ . The integrability condition for Δ can be formulated in terms of \vec{n} .

Theorem 2. Δ is integrable if and only if $(\vec{n}, \operatorname{rot} \vec{n}) = 0$.

2.1. Geometric sense of nonholonomity. The nonholonomity of a distribution in E^3 can be visualized in the following manner. Take a small disk L in the distribution plane and draw the straight line l(A) through any point A of the disk boundary ∂L in the direction of $\vec{n}(A)$. Thus we obtain a ruled surface. Now take a curve γ passing through A_0 which is orthogonal to the straight lines l(A) (see Fig. 1). This curve again meets

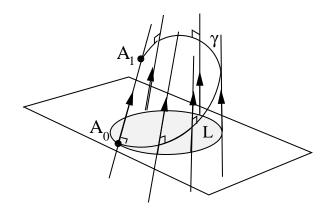


FIGURE 1. Geometric sense of nonholonomity. I

 $l(A_0)$ at a point A_1 , then $\frac{|A_0A_1|}{\sigma(L)}$, where $\sigma(L)$ is the area of L, converges to $(\vec{n}, \operatorname{rot} \vec{n})_{A_0}$ as L contracts to A_0 . If Δ is holonomic (totally integrable), then γ lies on the integral surface passing through A_0 , hence $A_1 = A_0$, and $|A_0A_1| = 0$.

Another way to visualize the nonholonomity is to take two unit orthogonal vector fields \vec{a}, \vec{b} spanning Δ . Let $\gamma(t)$ be an integral curve of the field \vec{b} , and for each t we take the integral curve $\delta_t(s)$ of the field \vec{a} passing through $\gamma(t)$. Thus we obtain a surface Σ (see Fig. 2). Now at a point $A(s) = \delta_{t(s)}(s)$ we take the vector $\vec{\nu}(A(s))$ normal to $T_{A(s)}\Sigma$ and the vector $\vec{n}(A(s))$ normal to $\Delta(A(s))$. Denote by $\varphi(s)$ the angle between $\vec{\nu}(A(s))$ and $\vec{n}(A(s))$. Then

(1)
$$\frac{d\varphi}{ds} = -(\vec{n}, \operatorname{rot} \vec{n}).$$

If Δ is holonomic (totally integrable), then Σ is an integral manifold of Δ , and $T_p \Sigma = \Delta(p)$. Hence $\vec{\nu}(p) = \vec{n}(p)$, and $\varphi = 0$.

2.2. Curvatures of nonholonomic surface.

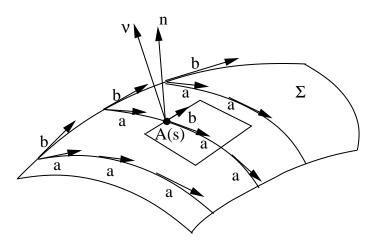


FIGURE 2. Geometric sense of nonholonomity. II

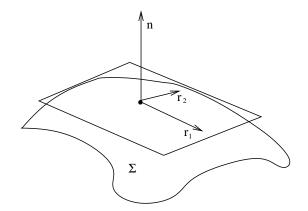


FIGURE 3. Moving frame

2.2.1. Curvatures of holonomic surface. Let a surface Σ in E_3 be given by the parametric equation $\vec{r} = \vec{r}(u^1, u^2)$. Let us set $\vec{r_i} = \partial \vec{r_i} = \frac{\partial}{\partial u^i} \vec{r}$. The vectors $\vec{r_1}$, $\vec{r_2}$ give a frame of the tangent plane $T\Sigma$, and the coordinates of the metric tensor (the first fundamental form) with respect to this frame are $g_{ij} = (\vec{r_i}, \vec{r_j})$. We denote by g^{ij} the tensor inverse to g_{ij} , this means that $g^{is}g_{js} = \delta^i_j$. Now let \vec{n} be the unit normal to $T\Sigma$. Then we obtain a moving frame $\{\vec{r_1}, \vec{r_2}, \vec{n}\}$ (see Fig. 3) and the derivation equations:

(2)
$$\partial_i \vec{r}_j = \Gamma^k_{ij} \vec{r}_k + h_{ij} \vec{n}$$

(3)
$$\partial_i \vec{n} = -h_i^j \vec{r}_j$$

Here

(4)
$$\Gamma_{ij}^{k} = \frac{1}{2}g^{ks}(\partial_{i}g_{js} + \partial_{j}g_{is} - \partial_{s}g_{ij})$$

are the connection coefficients (we will discuss them later), which depend only on the metric tensor, h_{ij} is the second fundamental form, and $h_j^i = g^{is}h_{js}$ is the shape operator.

The shape operator is a symmetric linear operator on $T\Sigma$, therefore it has real eigenvalues k_1 , k_2 which are called *principal curvatures* of Σ . $H = \frac{1}{2}(k_1 + k_2)$ is called the *mean curvature* of Σ and $K = k_1k_2$ the *total (Gaussian) curvature* of Σ .

Geometrically, the principal curvatures can be described as follows. Take a point $p \in \Sigma$.

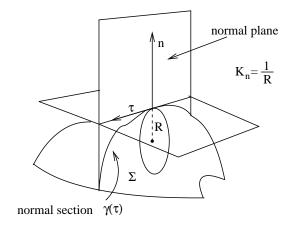


FIGURE 4. Normal curvature

For any direction tangent to Σ given by a unit vector $\vec{\tau}$ at p, we can take the plane passing through \vec{n} and $\vec{\tau}$ (a normal plane), and this plane meets the surface Σ along a normal section $\gamma(\vec{\tau})$. Let $\vec{\rho}(s)$ be the parametric equation of $\gamma(\vec{\tau})$ referred to the natural parameter s. Then, $k_n(\vec{\tau}) = (\frac{d^2}{ds^2}\vec{\rho}(s), \vec{n})$ is called the *normal curvature of* Σ with respect to the direction $\vec{\tau}$. As k_n is a continuous function on the circle, it attains its extremal values. One can easily prove that the principal curvatures k_1 and k_2 are just the extremal values of the normal curvature $k_n(\vec{\tau})$. In addition, the normal curvature can be written in terms of the second fundamental form: $k_n(\vec{\tau}) = h(\vec{\tau}, \vec{\tau})$. Also, using (3), we get

(5)
$$k_n(\vec{\tau}) = -(\tau^i \partial_i \vec{n}, \vec{\tau}) = -(\nabla_{\vec{\tau}} \vec{n}, \vec{\tau}).$$

where ∇ stands for the directional derivative.

The total curvature can be defined in another way. The unit normal \vec{n} determines the Gaussian map $G: \Sigma \to \mathbb{S}^2$, $p \in \Sigma \mapsto \vec{n}(p)$. Let U be a neighborhood of $p \in \Sigma$, and V = G(U) be its image on \mathbb{S}^2 . We denote by $\sigma(U)$ the area of U on Σ , and by S(V) the area of V on \mathbb{S}^2 . Then the total curvature K at p equals $\lim \frac{S(V)}{\sigma(U)}$ as U contracts to p. From this property one can obtain another formula for the total curvature:

(6)
$$K = \frac{(\partial_1 \vec{n}, \partial_2 \vec{n}, \vec{n})}{\sqrt{g_{11}g_{22} - g_{12}^2}}$$

If we have a foliation in E^3 whose leaves are given by an implicit equation $\Phi(x^1, x^2, x^3) = const$, then the vector field \vec{n} is defined in the entire E^3 . In this case, from (6) it follows

that

(7)
$$K = (\vec{P}, \vec{n})$$

where \vec{P} is the *curvature vector* defined as follows:

(8)
$$\vec{P} = \left(\left(\frac{\partial}{\partial x^2} \vec{n}, \frac{\partial}{\partial x^3} \vec{n}, \vec{n} \right), \left(\frac{\partial}{\partial x^3} \vec{n}, \frac{\partial}{\partial x^1} \vec{n}, \vec{n} \right), \left(\frac{\partial}{\partial x^1} \vec{n}, \frac{\partial}{\partial x^2} \vec{n}, \vec{n} \right) \right),$$

where (\cdot, \cdot, \cdot) denotes the mixed product of three vectors. In particular, (7) implies the von Neumann formula:

$$K = \frac{\begin{vmatrix} \partial_{11}\Phi & \partial_{12}\Phi & \partial_{13}\Phi & \partial_{1}\Phi \\ \partial_{21}\Phi & \partial_{22}\Phi & \partial_{23}\Phi & \partial_{2}\Phi \\ \partial_{31}\Phi & \partial_{32}\Phi & \partial_{33}\Phi & \partial_{3}\Phi \\ \partial_{1}\Phi & \partial_{2}\Phi & \partial_{3}\Phi & 0 \end{vmatrix}}{(\partial_{1}\Phi)^{2} + (\partial_{2}\Phi)^{2} + (\partial_{3}\Phi)^{2})^{2}},$$

where the partial derivatives are taken with respect to x^1, x^2, x^3 .

2.2.2. Curvatures of nonholonomic surface. First type. Let a two-dimensional distribution (a nonholonomic surface) Δ be given in E^3 , and \vec{n} be the unit normal vector field of Δ . The formula (5) gives us the normal curvature of a surface in terms of the normal vector \vec{n} and a tangent vector $\vec{\tau}$, so it can be generalized to the nonholonomic case. We say that the normal curvature of nonholonomic surface Δ in the direction of a unit vector $\tau \in \Delta$ is

(9)
$$k_n(\tau) = -(\nabla_{\vec{\tau}} \vec{n}, \vec{\tau}).$$

Let $A \in E^3$, and $\vec{e_1}$, $\vec{e_2}$ be an orthonormal frame of $\Delta(A)$. Then $\vec{\tau}(\varphi) = \cos \varphi \vec{e_1} + \sin \varphi \vec{e_2}$, and one can easily see that $k_n(\vec{\tau})$ defined by (9) has the form

(10)
$$k_n(\vec{\tau}(\varphi)) = k_1 \cos \varphi + k_2 \sin \varphi,$$

and it is clear that k_1 and k_2 are extremal values of $k_n(\vec{\tau}(\varphi))$. k_1 and k_2 are called the principal curvatures of Δ of first type. Then we can define the mean curvature of first type $H_I = \frac{1}{2}(k_1 + k_2)$ and the total curvature of first type $K_I = k_1k_2$.

2.2.3. Curvatures of nonholonomic surface. Second type. For a non-holonomic distribution Δ we can define the total curvature of second type using (7), where \vec{P} is given by (8). We will denote it by K_{II} .

At the same time, this curvature can be obtained in the following way. Let us consider eigenvalues of the Jacobi matrix $J(\vec{n}) = ||\frac{\partial n^i}{\partial x^j}||$, where n^i are the Cartesian coordinates of the vector-function \vec{n} . Since \vec{n} maps the three-dimensional space into the two-dimensional sphere, the determinant of $J(\vec{n})$ is zero, hence one of the eigenvalues of $J(\vec{n})$ is zero. We will call the other two eigenvalues λ_1 , λ_2 the principal curvatures of second type (they can be complex conjugate) and one can prove that $K_{II} = \lambda_1 \lambda_2$. Also, we can define the mean curvature of second type to be $H_{II} = \frac{1}{2}(\lambda_1 + \lambda_2)$.

Theorem 3. For a nonholonomic surface Δ we have

(11)
$$H_I = H_{II} \qquad K_I - K_{II} = \frac{(\vec{n}, \operatorname{rot} \vec{n})^2}{4}.$$

Example 2.1. An example of distribution which has $K_{II} = 0$, $H_{II} = 0$, and is nonholonomic can be constructed as follows. We take the family of concentric spheres in E^3 with center at the origin, and each sphere $\mathbb{S}^2(r)$ of the family is uniquely determined by its radius r > 0. For each r > 0, we take a straight line l(r) lying in the plane XOY such that the angle between l(r) and OX is $\alpha(r)$, where $\alpha(r)$ is a function (see Fig. 5). Now,

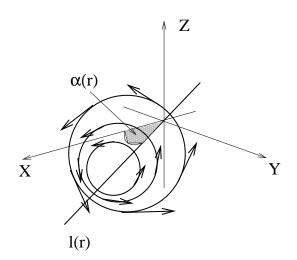


FIGURE 5. Nonholonomic distribution with zero curvatures

for each $\mathbb{S}^2(r)$, we take the unit vector field \vec{n} tangent to this sphere which is generated by rotations about the axis l(r) (certainly this field is not defined in the points where l(r) meets $\mathbb{S}^2(r)$). Thus we obtain a unit vector field \vec{n} which is defined everywhere in E^3 except for points where l(r) meets $\mathbb{S}^2(r)$. If $\frac{d\alpha}{dr} \neq 0$, at points with $z \neq 0$ we have $(\vec{n}, \operatorname{rot} \vec{n}) \neq 0$, so the distribution Δ orthogonal to \vec{n} is nonholonomic. At the same time, the second type mean and total curvature of Δ vanish.

Example 2.2. Another way to obtain a distribution Δ with zero total curvature of second type is to consider a surface Σ with a vector field \vec{a} along it (we assume that \vec{a} is not tangent to Σ). Then, for each point $p \in \Sigma$ we take a plane curve which is tangent to $\vec{a}(p)$ at p. Thus, a neighborhood of Σ is foliated by these curves, and for the vector field \vec{n} we take the unit vector field tangent to these curves. The distribution Δ orthogonal to \vec{n} has $K_{II} = 0$. 2.2.4. Gauss-Bonnet formula. For a closed surface Σ in E^3 , we have the Gauss-Bonnet formula

(12)
$$\int_{\Sigma} K dS = 2\pi \chi(\Sigma).$$

where K is the total curvature of Σ , and $\chi(\Sigma)$ is the Euler characteristic of Σ .

For a non-holonomic surface Δ , we have the following generalization of the Gauss-Bonnet formula.

Theorem 4. Let Q be a closed oriented surface which lies in the domain of Δ . Then

(13)
$$\int_{Q} (K_{II}\vec{n} + 2H_{II}\vec{k} + \nabla_{\vec{k}}\vec{n}, \vec{\nu})dS = 4\pi\theta,$$

where \vec{k} is the curvature vector of integral curves of \vec{n} , $\vec{\nu}$ is the unit normal to the surface Q, $\nabla_{\vec{k}}$ is the derivative in E^3 with respect to \vec{k} , and θ is the degree of the map $\vec{n}|_Q : Q \to \mathbb{S}^2$.

Let us recall that the degree of a map $f : Q \to P$ between oriented surfaces is an integer which equals zero if f is homotopic to a constant map. Under assumptions of Theorem 4, Q is a boundary of a region $V \subset E^3$. If Δ is defined everywhere in V, and V is contractible, then \vec{n} is homotopic to a constant vector field, hence $\theta = 0$.

2.3. The shortest and the straightest curves on a nonholonomic surface. Let us recall that a geodesic on a surface Σ in the three-dimensional Euclidean space can be defined in two ways: a) a geodesic is a straightest curve; b) a geodesic is a locally shortest curve. Consider these definitions in more details.

Let us consider a curve on a surface Σ given by a parametric equation $\vec{r} = \vec{\rho}(s)$, where s is the natural parameter. The length of projection of the curvature vector $\frac{d^2}{ds^2}\vec{\rho}$ onto the plane tangent to Σ is called the geodesic curvature. If the geodesic curvature is zero, or equivalently the curvature vector is collinear to the normal vector of the surface, we say that this curve is a straightest curve on Σ because it has no "acceleration".

At the same time, if a curve γ joining sufficiently close points p and q on the surface Σ has the minimal length among all the curves joining these points, then γ is called the shortest curve.

For a surface $\Sigma \subset E^3$ the definition a) is equivalent to definition b). However, for the nonholonomic surface Δ the curves defined by a) and b) are different. We will call a curve γ in E^3 an admissible curve if its tangent vector $\frac{d}{dt}\gamma$ lies in $\Delta(\gamma(t))$.

2.3.1. Straightest lines on nonholonomic surfaces. Let a nonholonomic surface Δ be given. An admissible curve γ is called a straightest curve if its curvature vector is collinear to the normal vector \vec{n} of Δ . **Theorem 5.** Let $\vec{r} = \vec{\rho}(s)$ be parametric equation of an admissible curve γ . Then γ is a straightest line if and only if $\vec{\rho}(s)$ satisfies the following second order differential equation

(14)
$$\frac{d^2\vec{\rho}}{ds^2} = -\left(\frac{d\vec{\rho}}{ds}, \nabla_{\frac{d\vec{\rho}}{ds}}\vec{n}\right)\vec{n},$$

Thus, given a point $p \in E^3M$ and a vector V_0 at p one can find a unique straightest curve γ which passes through p and whose tangent vector at p is V_0 .

2.4. Shortest lines on nonholonomic surfaces. Let us consider two points p and q in E^3 , and let $P_a(p,q)$ be the set of all admissible curves joining p and q. We say that a curve $\gamma \in P_a(p,q)$ such that $\gamma(a) = p$, $\gamma(b) = q$, is a shortest admissible curve if the length $L(\gamma) = \int_a^b |\frac{d\gamma}{dt}| dt$ is less than or equal to the length of any other curve in $P_a(p,q)$.

Theorem 6. Let a curve $\gamma \in P_a(p,q)$ be given by a parametric equation $\vec{r} = \vec{\rho}(s)$, $s \in [a,b]$. Then, if γ is a shortest curve, then $\vec{\rho}(s)$ satisfies the third order ordinary differential equation

(15)
$$\frac{d^2\vec{\rho}}{ds^2} + \frac{d}{ds} \left\{ \frac{(\frac{d^2\vec{\rho}}{ds^2}, \frac{d\vec{\rho}}{ds}, \vec{n})}{(\vec{n}, \operatorname{rot} \vec{n})} \right\} \vec{n} + \frac{(\frac{d^2\vec{\rho}}{ds^2}, \frac{d\vec{\rho}}{ds}, \vec{n})}{(\vec{n}, \operatorname{rot} \vec{n})} [\operatorname{rot} \vec{n}, \frac{d\vec{\rho}}{ds}] = 0.$$

Therefore, given a point $p \in E^3M$ and a vector V_0 at p one can find an infinite number of shortest curves joining p and q which pass through p and whose tangent vector at p is V_0 .

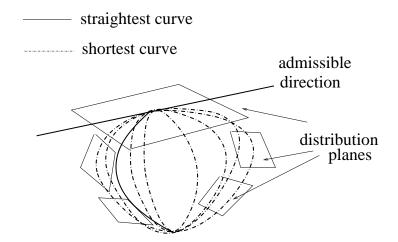


FIGURE 6. A unique straightest curve and a bundle of shortest curves

3. PROPERTIES OF METRIC OF SUB-RIEMANNIAN MANIFOLD

3.1. Accessibility of points. Let M be an n-dimensional differential manifold, and Δ be an m-dimensional distribution on M. We will call a curve γ in M admissible if its

tangent vector lies in Δ . Let us denote by $P_a(p,q)$ the set of all admissible curves joining p and q (this set can be empty!). We say that a point q is accessible from a point p if $P_a(p,q)$ is not empty.

Theorem 7 (Sussman). The set of points accessible from a given point p is an immersed submanifold in M.

3.2. Completely non-integrable distributions. First let us define a distribution with singularities on an *n*-dimensional manifold M. Assume that for each $p \in M$ a subspace $\Delta(p) \subset T_p M$ is assigned such that for each $q \in M$ there exists a neighbourhood U with vector fields $E_1, E_2, \ldots, E_k \in \mathfrak{X}(U)$, and for each $q \in U$, $\Delta(q) = span\{E_1(q), E_2(q), \ldots, E_k(q)\}$ We see that this definition coincides with the definition of distribution except for the requirement that the subspaces $\Delta(p)$ have constant rank. Therefore, any distribution can be considered as a distribution with singularities.

Now let Δ be a distribution with singularities on M. Let $\mathfrak{X}_{\Delta}(U)$ be the set of vector fields X on an open set $U \subset M$ such that, for each $q \in U$, $X(q) \in \Delta(q)$. Now, for the distribution Δ we can construct another distribution Δ^1 with singularities in the following way. For any point $p \in M$ we set

(16) $\Delta^{1}(p) = \{X(p), [X, Y](p) \mid X, Y \in \mathfrak{X}_{\Delta}(U_{p}), \text{ where } U_{p} \text{ is a neighborhood of } p\}$

From this definition it follows that $\Delta(p) \subset \Delta^1(p)$, for any $p \in M$.

It is clear that, if Δ is completely integrable, then $\Delta^1 = \Delta$.

For a distribution Δ we can sequentially construct the series Δ^k of distributions with singularities by setting $\Delta^{k+1} = (\Delta^k)^1$. Since $\Delta^k \subset \Delta^{k+1}$, and $\Delta^k = \Delta^{k+1}$ if and only if Δ^k is completely integrable, there exists N such that $\Delta^N = \Delta^{N+1} = \Delta^{N+2} = \ldots$, and Δ^N is completely integrable. Thus, if the subspaces $\Delta^N(p)$ do not coincide with T_pM , then we get a foliation (with singularities) on M. And, if for each $p \in M$, $\Delta^N(p) = T_pM$, then we say that distribution Δ is completely non-integrable.

If a distribution Δ is completely non-integrable, then the following theorem implies that any point of M is accessible from any other point of M.

Theorem 8 (Caratheodory, Rashevskii, Chow). Let a distribution Δ on a connected manifold M be completely non-integrable. Then, for any p, q in M, $P_a(p,q) \neq \emptyset$.

3.3. Sub-Riemannian metric of completely non-integrable distributions. A sub-Riemannian manifold is a completely non-integrable distribution Δ endowed by a metric g. This means that, for any p in M, on $\Delta(p)$ we have the scalar product $g_p : \Delta(p) \times \Delta(p) \to \mathbb{R}$ such that for any $X, Y \in \mathfrak{X}_{\Delta}(M)$ the function $p \mapsto g_p(X(p), Y(p))$ is smooth. In other words, we can say that we have a metric on Δ considered as a vector subbundle of the vector bundle TM. If $\gamma(s), s \in [a, b]$, is an admissible curve in M, then we can define the length of $\gamma(s)$ as follows:

(17)
$$L(\gamma) = \int_{a}^{b} g_{\gamma(s)}(\frac{d\gamma}{ds}, \frac{d\gamma}{ds}) ds$$

From theorem 8 it follows that we can define a distance d on M:

(18)
$$d(p,q) = \inf_{\gamma \in P_a(p,q)} L(\gamma).$$

This distance has some nice properties like the distance defined by a Riemannian metric. For example, we have the following theorem.

Theorem 9. The topology defined by the distance d coincides with the original topology on M.

A curve $\gamma(s), s \in [a, b]$, is called a minimizing geodesic if $L(\gamma) = d(\gamma(a), \gamma(b))$.

Theorem 10 (Hopf-Rinow theorem for sub-Riemannian manifolds). a) Sufficiently near points can be joined by a minimizing geodesic;

b) If (M, d) is a complete metric space, then any two points can be joined by a minimizing geodesic.

4. References

The detailed exposition of results on geometry of nonholonomic surface in the threedimensional Euclidean space (stuff of section 2) can be found in the very interesting and profound book by Yu. Aminov:

Yu. Aminov: *The geometry of vector fields*. Amsterdam: Gordon and Breach Publishers. (2000).

For the introduction to the sub-Riemannian geometry (stuff of section 3), we can recommend the book:

R. Montgomery A Tour of Subriemannian geometries, Their Geodesics and Applications, Mathematical Surveys and Monographs, Vol. 91, AMS, 2002.

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